

# Marathon des Glières - 19 mars 2023

## Regulations

### RACES AND DISTANCES

The marathon des Glières is composed of 5 races registered to the Fédération Française de Ski (FFS).

Races are then opened to FFS members holding a license or 'carte neige'. Non FFS members before the race will pay a fee to get a temporary membership called 'Ticket Course' except for racers affiliated to the Swiss Ski Federation or Spanish Ski Federation.

All participants must provide a valid medical certificate less than 6 months old proving their physical ability to enter the ski competition.

On Sunday, five **FREE STYLE** races

#### **MARATHON** (42KM), 9hh00 start

For the 1st and 2nd line, enrolment limited to 600 people.

For participants born in **2002 and before**.

Start on 1st ligne if less than 250 points FFS, or arrived in the first 110th position on Marathon des Glières 2022, or allowance according to recent justified performances during (2022-2023).

**Prizes limited to Men categories only. Men overall score taken into account for the Marathon Ski Tour FFS**

#### **GLIERES' Dames** (30KM), 8h45 start

For **Women** born in **2002 and before**

Women overall score taken into account for Marathon Ski Tour FFS

#### **GRAND PLATEAU** (21 KM), 9hh00 start

Race for participants born in **2006 and before**.

Start on 1st ligne if less than 250 points FFS or allowance according to recent justified performances during (2022-2023).

Palmarès for category FFS U18-U20 Men and Women.

Limited Men and Women palmarès for category seniors to masters.

#### **PETIT PLATEAU** (10KM), 8h50 start

Race open to participants born in **2007 and before**.

Palmarès for category FFS U16 Men and Women

#### **MINI GLIERES** (4km), start 8h55

Race open to participants born in **2008, 2009, 2010 and 2011**.

The organizer of the Glières marathon reserves the right to alter the routes according to the climatic conditions. A time barrier can be put in place during the 2nd lap of the marathon. In this case, the prevented rider will be ranked on the 21km.

The organiser reserves the right, on the day of the event, to cancel or stop the race in the event of bad or dangerous conditions endangering the safety of the participants (runners or volunteers) both in terms of routes, weather or unforeseen events.

In all of these cases, no refund can be requested.

## **BIBS**

Available only on Sunday from 7h15

Bibs must be returned at the finish line, if not, a 10€ fee will be charged.

## **TIMING**

Timing is done with with a ankle transponder chip.

A racer that crosses the finish line without the transponder will not be ranked.

Timing will be stopped at 14h00.

The transponder chip must be returned at the finish line, if not, a 60€ fee will be charged.

## **RESULTS**

Will be displayed by race control and can be checked at all times on the website

<https://www.marathondesglieres.com/resultats/>

## **COPYRIGHT**

All participants should allow use of photos and videos for the promotion of the Marathon des Glières without charge or rights of image.

## **FOOD**

Provided free of charge at the Plateau for all participants, except MiniGlières (snack).

Family or friends can purchase a meal if they so wish.

## **CANCELLATIONS**

### **By the participant:**

Any cancellation/refund request from a participant will only be considered for medical reasons and justified by a medical certificate. This request should be sent by email to [inscriptions@marathondesglieres.com](mailto:inscriptions@marathondesglieres.com) before the registration closing date. A lump sum of EUR 5.00 will be withheld for administration fees. After this date, no refund will be granted.

Requests to change registration (name change, change of route, etc.) should be sent to [inscriptions@marathondesglieres.com](mailto:inscriptions@marathondesglieres.com) before 12/03/2023. A lump sum of €5 may be withheld for administration fees.

### **By the organizer:**

In case of cancellation or change of a race, on the day of the event, due to bad or dangerous conditions endangering the safety of participants, no refund may be requested.

In case of cancellation of a race, for whatever reason, a partial refund of registration fees will be made:

- If the event is cancelled before 26/02/2023, the organiser will refund at least 70% of the registration price (excluding bank fees of the registration platform).
- If the event is cancelled between 27/02/2023 and 18/03/2023, the amount of the refund will be set in such a way as to enable the organization to meet all lost expenses incurred on the date of cancellation

## **REGISTRATION FEES**

Marathon (42km)

- 28 € - ticket course (15€) required for non FFS members

Glieres'Dames (30km)

- 25 € - ticket course (15€) required for non FFS members

Grand Plateau (22km)

- 25 € - ticket course (15€) required for non FFS members

Petit Plateau (10km)

- 19 € - ticket course (15€) required for non FFS members

Mini Glières (4km)

- 8 € - ticket course (6€) required for non FFS members

Price increase +10€ from **Monday 13/03/2023, 0h00**

End of registration **Friday 17/03/2020 12h00**

Online registration only

## **COVID**

Every effort will be made to ensure that the rules of physical distancing are respected within the event. All the information in this regulation is likely to change depending on the health situation.