

Medical Questionnaire – A Legal Requirement to participate in any Sporting event in France

Answer the following questions by YES or NO

During the last 12 months

- | | |
|---|--------|
| 1) Has someone in your family suddenly died of a heart condition or unexplained illness? | YES NO |
| 2) Have you experienced chest pain, palpitations, unusual shortness of breath, or discomfort? | YES NO |
| 3) Have you had an episode of wheezing (asthma)? | YES NO |
| 4) Have you had a loss of consciousness? | YES NO |
| 5) If you stopped sport for 30 days or more for health reasons, did you resume without the consent of a doctor? | YES NO |
| 6) Have you started long-term medical treatment (excluding contraception and desensitization to allergies) | YES NO |

Nowadays (Currently)

- | | |
|--|--------|
| 7) Do you feel pain, lack of strength or stiffness following a bone injury, joint or muscle problem (fracture, sprain, dislocation, tears, tendonitis, ...) that occurred during the last 12 months? | YES NO |
| 8) Is your sporting participation interrupted for health reasons? | YES NO |
| 9) Do you think you need medical advice to continue your sport? | YES NO |

- NB: the answers formulated are the sole responsibility of the licensee.

Next Steps:

If you have answered YES to any of the questions 1 to 9, you must

- a) [Upload to your Engage-sport.com \(https://bit.ly/2MpBdXE\)](https://bit.ly/2MpBdXE) your valid UCI license (please ensure it has not expired, & still valid for this year)

OR

- b) Visit a medical practitioner (GP) to complete this [medical non-contraindication certificate \(https://bit.ly/2lgrhKz\)](https://bit.ly/2lgrhKz) which is valid for 12 months and then upload it to your entry on Engage-sport.com (<https://bit.ly/2MpBdXE>)

If you have answered NO to all questions 1 to 9

- a) Please [sign this declaration form \(https://bit.ly/2XnhMzH\)](https://bit.ly/2XnhMzH) yourself and [upload it to Engage-sport.com \(https://bit.ly/2MpBdXE\)](https://bit.ly/2MpBdXE) **instead of** a medical non-contraindication form from a doctor

OR

- b) [Upload to your Engage-sport.com \(https://bit.ly/2MpBdXE\)](https://bit.ly/2MpBdXE) your valid UCI license (please ensure it is not expired, & still valid for this year)